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“A Healthy State of Mind”

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Welcome to “A Healthy State of Mind”! This is your host, Bo Deaton.

I believe if a person lives life to the fullest, enjoying all of God’s blessings; that person, somewhere in his memory bank, has what I call “A High and Noble purpose”.

A high and noble purpose is more than a college degree, or a new house and a new car, money in the bank. All of that can be taken away in a moment.

The prophet Jeremiah tells us about God’s High and Noble purpose. “I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart. I will be found by you,” declares the LORD, “and will bring you back from captivity and set you free, I will make my home with you and give you a new heart, declares the LORD.