

#011, 1/18/2016

Welcome to “A Healthy State of Mind”! This is your host, Bo Deaton.

Food; there seems to be so much of it, except for those people who are hungry and have no means to get it. I am sure they would say, there is never enough.

Do you ever wonder why so many people around the world are hungry? I believe there would be fewer hungry people if there were fewer people who suffer from “spiritual malnutrition”. I have noticed people who suffer from spiritual malnutrition have little compassion for others and find it difficult to share with others.

It’s a real dilemma considering the Creator gives us everything we call ours. He also gives us insight to the hunger factor. He says “man shall not live on bread alone. Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty. The Psalmist says, “I have never seen the righteous forsaken or their children begging bread.”